

CARRIED  
A BEDSIDE SERVICE OF  
PRAYER & THANKSGIVING

NEURODIVINE.BLOG

2025

OPENING WORDS

*Chaplain or Leader:*

We gather in stillness,  
not to solve or explain,

but to honour the quiet work of care.

In this place—this ward, this chair, this corridor—  
we are not alone.

We are carried by presence, by kindness, by one another.

*All (if appropriate):*

**We are carried.**

**And we carry others.**

THANKSGIVING FOR THE MINISTRY OF CARE

*Chaplain or Leader:*

For every nurse who stayed past shift end,

For every carer who forgot their own hunger,

For every patient who endured with dignity,

For every chaplain who listened

without needing answers,

For every companion who stayed quietly nearby—

*All*

**We give thanks.**

For the stories shared, the tears held,  
the laughter offered,  
For the Circuit of Care that binds us—  
visible and invisible—

*All*

**We give thanks.**

#### PRAYERS OF BLESSING

*These may be spoken aloud, offered silently, or adapted for individual bedside use.*

##### *Blessing for the Weary Patient*

*When the world grows loud and words slip away,  
may silence become sanctuary.  
Blessed are you who rest when the noise is too much.  
May your quiet be received as prayer,  
and may peace find you gently.*

##### *Blessing for the Fatigued*

*When your body sags and your spirit flickers,  
may rest come without shame.  
Blessed are you who allow yourself to be held.*

*May tenderness meet your weariness,  
and may joy return like breath after sleep.*

*Blessing for the Grieving Nurse*

*When sorrow finds you in hidden corners,  
may mercy meet you there.  
Blessed are you who stay through the ache.  
May your own heart be tended with grace,  
and may you remember: healing belongs to you too.*

*Blessing for the Overextended Carer*

*When care for others eclipses care for yourself,  
may compassion turn inward.  
Blessed are you who give without counting.  
May steadiness return to your steps,  
and nourishment come without guilt.*

*Blessing for the Overwhelmed Recipient*

*When the facts are too many and the feelings too vast,  
may wisdom walk beside you.  
Blessed are you who face what cannot be fixed.  
May clarity and comfort hold you together,  
until your own rhythm returns.*

*Blessing for the Nurse Who Has Seen Too Much*

*When dignity feels distant and endings weigh heavy,  
may rest find you in quiet places.  
Blessed are you who carry others through their final moments.  
May your own sorrow be seen and honoured,  
and may a warm cup remind you: you are not alone.*

*Blessing for the Legacy-Bearer*

*When your offerings feel forgotten and your stories fade into  
silence,  
may reverence rise to meet you.  
Blessed are you who sow grace in hidden places.  
May your legacy be cradled with tenderness,  
and may you know: nothing given in love is ever lost.*

**OPTIONAL REFLECTION**

*Invite a moment of silence.  
Offer a candle, a knitted square, or a simple phrase:  
“You are seen.”  
“You are carried.”  
“You are not alone.”*

CLOSING WORDS

*Chaplain:*

We go now, not fixed but held.

Not alone, but accompanied.

Not empty, but blessed.

*All (if appropriate):*

**We are carried.**

**And we carry others.**

## COLOPHON

*Carried: A Service of Prayer & Thanksgiving* is a liturgical resource for the quiet, heavy spaces of illness, caregiving, and recovery.

Drawing on the lived experience of neurodivergence and chronic illness, these prayers find the sacred in the hospital ward, the dialysis chair, and the weary heart. They name a *Circuit of Care* that binds us—honouring both those who carry and those who are carried.

This booklet is offered for chaplains, healthcare workers, and individuals wishing to hallow the bedside with prayer and compassion.

## COPYRIGHT

Text © 2026 Michael McFarland Campbell, NeuroDivine.blog

Permission is granted for this resource to be used, printed, and shared for non-commercial worship, educational, or personal devotional purposes, provided that the text is reproduced in full and this attribution is retained.

No part of this publication may be reproduced, adapted, or republished for commercial use without prior written permission from the author.

A BLESSING FOR THIS BOOKLET

May these words be a quiet companion  
to the weary, the waiting, and the ones who carry.  
In the ward, the chair, and the stillness of the bedside,  
may this small offering of paper and prayer  
be a reminder that you are seen, you are held,  
and you are never alone.

**Amen.**

*Downloaded from [NeuroDivine.blog/resources/](http://NeuroDivine.blog/resources/)*